



**South West
Yorkshire Partnership**
NHS Foundation Trust



**Make
your own
hanging
basket**

With **all of us** in mind.

IMPORTANT, PLEASE READ

These slides are *free* for anyone to look at and see some tips that might be helpful. If you would like to learn more, please book on to our workshop of the same name.

Whilst our face to face courses are not running the moment, you can still express your interest in attending the next available date by visiting our website www.wakefieldrecoverycollege.co.uk, clicking on the “**Enrol Now**” button and following the link to our “**Enrolment Form**”. As soon as our face to face courses are back on, we’ll be in touch to reserve your place at your preferred location. We’re also still here on the phone (01924 316946) and through email (wakefieldrecoverycollege@swyt.nhs.uk) if you would like to chat to us.

We can’t wait to see you soon, but in the meantime...

Stay home. Protect the NHS. Save Lives.



Thinking of you all, from
Your Recovery College Team.



With **all of us** in mind.



What we'll cover

- 
- 
- What you will need
 - Planning and choosing your plants
 - Preparing the basket
 - Planting
 - Aftercare

Getting started

You will need:-

Hanging basket with hessian liner or line with black bin liner

Multi purpose compost

Selection of upright and trailing bedding plants

Bucket

Trowel



Planning and choosing your plants

Do you want a mixed basket or just one/two colours? Decide before you buy your plants..... Here is a selection to choose from.....

Petunias	– large flowers – really colourful
Lobelia	– mixed colours or in shades of blue, white, pink, lilac
Geranium	– long lasting and flowers well throughout the summer
Bizzy Lizzy	– small compact flowers sold in a variety of colours
Fushia	– lovely trumpet shaped flowers, different sizes
Ivy	– dark green or with variegated leaves
Marigolds	– either small orange flowers or African Marigolds which have a larger flower head and grow taller – different shades

You can buy either upright or trailing varieties from local shops or nurseries.

Read the labels for more information.



Preparing basket

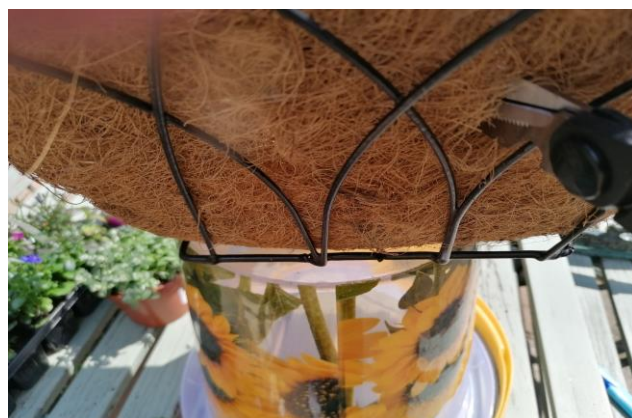
Step 1

Stand basket on an upturned bucket. For a round basket stand on top of the bucket



Step 2

Using scissors cut a 2" slit in the lining, spaced evenly between the wires around the basket



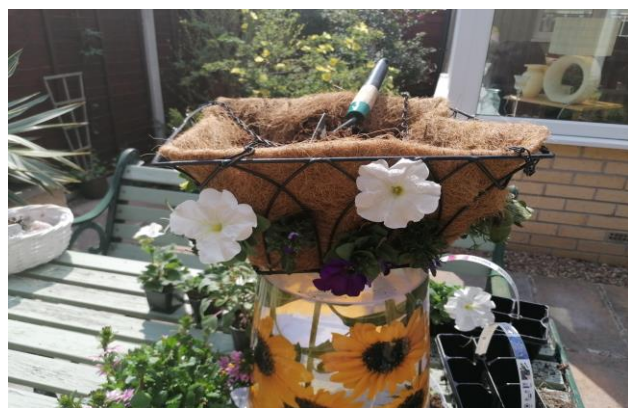
Start planting

Carefully remove chosen plant from a tray and from the outside of the basket gently push the root ball of the plant through a slit made in the liner to the inside of the basket. Don't worry if some soil is spilt, this usually happens.

Continue until basket is completed round the outside. The plants will continue to grow and spread out.

Fill basket to within 2" of top with compost, shaking basket gently for compost to settle around roots of plants.

With **all of us** in mind.



Planting the top of the basket

Step 1

Place about 3 upright plants in the middle of the basket

Step 2

Place trailing plants evenly around the edges of the basket (usually 3 or 4 is enough)

Step 3

Fill gaps with other plants and cover carefully to the top of basket with compost, gently firming down and watering well with a watering can hose.



After care

Step 1

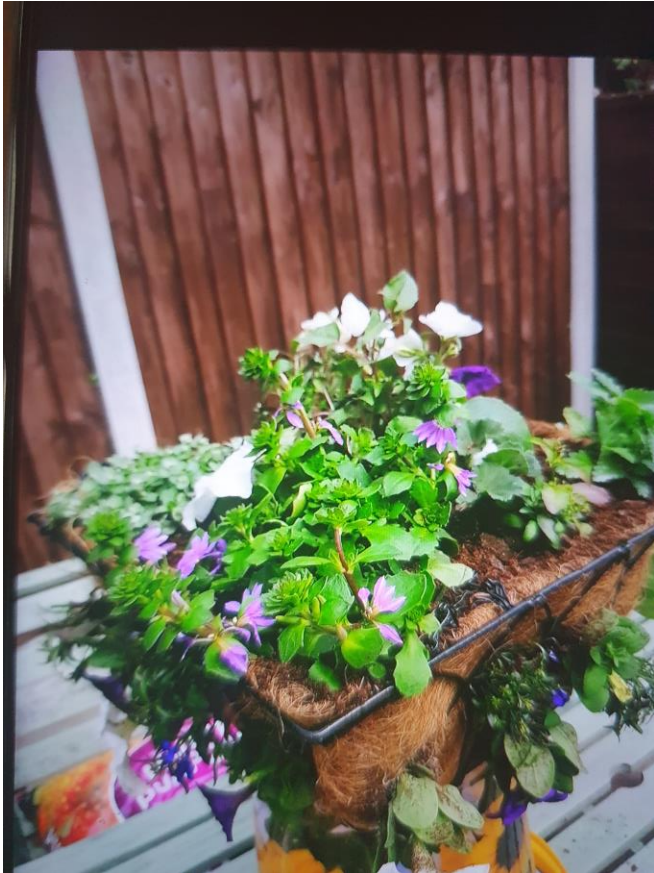
Place your basket in a warm area with natural light such as a greenhouse, shed, garage until there is no chance of ground frost

Step 2

Water daily using a watering can hose.

Step 3

Around the end of May hang outside on a secure bracket or hook



Follow on care

Regularly water your hanging basket each morning when it is not too hot and sunny.

Feed with a water based feed such as Miracle Grow once a week, during the summer growing season.

Take off any dead flower heads regularly to promote new flowers.

Sit back and enjoy your beautiful basket throughout the summer.



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Have you got any
gardening tips
you'd like to
share? Get in
touch at:
01924 316946
(we're still here!)

[wakefieldrecoverycollege
@swyt.nhs.uk](http://wakefieldrecoverycollege@swyt.nhs.uk)

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