





Crafting at Home

With Halima

Halima, one of our wonderful volunteers here at the college who co-facilitates our Craft Taster course (amongst many others!) has been busy crafting at home and wanted to give you all some inspiration for some projects of your own with items you may well have around the home.

Over the next few slides, Halima will take you through several easy-to-make crafts that you can do to fill your time and maybe use as a coping strategy during these uncertain times.



Enjoy!!



Crafts Covered in Part 1

Here's a list of the crafts you'll learn about in this pack

- Button art
- Card making
- Glass ocean jars
- Painting A simple but effective tree
- Sock puppets













Button Art

Everyone has buttons laying about so why not use them in a craft project?

Step 1

Choose your design! You could do a mountain or your initials. Or it could be a mixture of painting and buttons (like on our next slide).



Step 2

Glue or double sided sticky tape your buttons.

South West Yorkshire Partnership

NHS Foundation Trust

Step 3

Leave to dry (if you used glue) and then hang on your walls for all to see!

Beyond the project...

Once you've got the hang of it, you can make mini versions of these button arts to make greetings cards, or gift tags. Try sticking two three red buttons in a triangular shape and then drawing holly leaves off them for a festive gift tag.













Card Making

For birthdays, anniversaries and more!

Step 1

Decide what occasion you are making card for.



Step 2

Use either pre-made card making blank cards, or get a piece of drawing card, fold in half and use this as your greeting card. You may also have to make an envelope out of paper if you choose the second option.

Step 3

Choose embellishments or you can draw. Here are some of our course examples:













Glass Ocean Jars

Step 1

You'll need an empty, clean and thoroughly dried glass jar (an old coffee jar, candle or jam jar should do the trick).

Step 2

Using acrylic paint, paint alternative wavy lines of green and blue and allow to dry.



Step 3

Decorate it however you want with items you would find at the beach, such as shells, small pebbles or sand and stick these with glue.

Step 4

Allow to dry – this might take some time! Be patient.

Step 5

Pop a battery powered tea-light inside your jar and enjoy to at night as well.











Painting

A simple, but effective, tree

Step 1

Draw around your hand. This will be the trunk and branches of your tree.

Step 2

Paint your tree trunk and branches brown. Then use green, orange and yellow dots for leaves.

Or, if you're feeling more adventurous...

These are some examples of tree paintings our students have done before. Give something like this a try! Simple lines and only a few colours. Using only a few colours and black for items in the forefront creates silhouette impressions and makes a good sunset/sunrise painting.













Sock Puppets

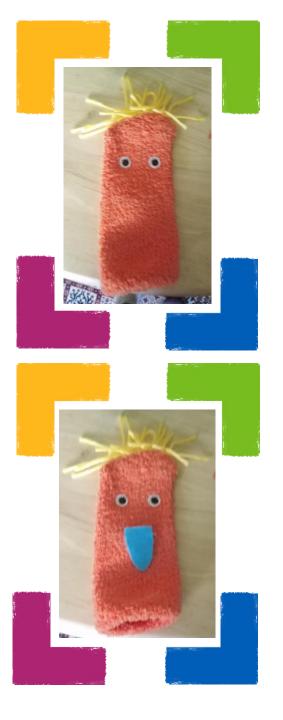
Everyone has odd socks laying about so why not make it into a hand puppet!

Step 1

Make hair by chopping up wool into strand lengths you want.

Step 2

Glue it onto socks or use double sided tape.





Step 3

I used stick on eyes but you could use buttons etc. for eyes and sew them on.

Step 4

Cut out a tongue shape in felt for the mouth. Glue it on or use double sided tape.

Step 5

Decorate your puppet however you wish – have fun with it! Why not give them funny eyebrows, goofy teeth or a moustache??





South West Yorkshire Partnership

NHS Foundation Trust



Have you got any craft or course tips you'd like to share? Get in touch at: 01924 316946 (we're still here!) akefieldrecoverycollege @swyt.nhs.uk



